Contest:	Basic Health Care Skills
Contest Chair: Email:	Alice Bowers abowers@rmctc.org
Contest Location: Reading Muhlenberg CAREER & TECHNOLOGY CENTER	Reading Muhlenberg CTC 2615 Warren Rd. Reading, PA 19604 Phone: 610-921-7300
Purpose:	To evaluate contestant's entry level basic health care skills and knowledge and to recognize outstanding students for their excellence and professionalism.
Clothing:	Scrub top and bottom with no identifying names of logos on any part of the uniform. Non-skid white or black shoes. Hair pulled up and off the shoulders and face, and no artificial nails.

EQUIPMENT AND MATERIALS:

Provided by the Host School:	All equipment and materials provided except those listed below.
Provided by the Contestant:	Uniform Pen Pencil Watch with a second hand

SCOPE OF CONTEST:

Competitors will be required to test their skills in the following areas:	Knowledge Performance: Written exam of 25 multiple choice questions. Topics assessed may include but are not limited to: communication skills, infection control procedures, law and ethics, patient care, emergency practices, and diseases and disorders.
	2. Skill Performance: Contestants will demonstrate their basic knowledge of health care skills. Topics that will be assessed may include but are not limited to: denture care, elasticized stockings, infection control, unoccupied bed making, change a dry dressing using non-sterile technique, change a gown with weak side, vital signs, and height & weight.

ADDITIONAL INFORMATION:

Anything else competitors may need to know:	None
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