



## CONTEST SCOPE

*Program Name-* CPR and First Aid  
*Contest Chair-* Mary Beth Feeg  
*Contest Chair E-Mail –* mfeeg@rmctc.org

**Reading Muhlenberg CTC**  
*2615 Warren Road*  
*Reading, PA 19604*

<b>Contest:</b>	CPR & First Aid
<b>Purpose:</b>	CPR and First Aid provides members with the opportunity to gain knowledge and skills required for first aid and basic life support. This event aims to inspire members to be proactive future health professionals and be equipped with the skills to provide immediate, lifesaving actions in the absence of emergency services.
<b>Clothing:</b>	Contest appropriate clothing. Students will not be penalized for clothing unless it is a safety violation.

## Equipment and Material:

### Equipment/Tools/Materials Provided by Host School:

1. Hand sanitizer
2. Gloves
3. CPR Mannequins (adult & infant)
4. Bath blanket
5. Tourniquet

### Equipment/Tools/Materials Provided by the Contestant:

1. Watch with second hand
2. Photo ID
3. Roller gauze or other similar materials to tie or anchor splints in place
4. Bandaging materials as selected by competitor (should include sterile gauze squares, roller bandages, nonstick sterile dressing)
5. Bag mouth device (adult)
6. Biohazard bag
7. Cell phone (for simulating 911 call)
8. 1 pair of scissors
9. Adhesive tape

## **Scope of Contest**

Competitors will be expected to demonstrate their skills by completing the following tasks - skills scenarios demonstrating first aid and CPR. There will be a 3-hour time limit for test completion.

## **Additional Information**

In the event of a tie, a written test will be given